

## Bookable appointments and clinics

If you are an adult or a young person, you can book an appointment.



## Young people

If you are under 18, we have clinics and walk-in options that are just for you. Information about where and when these are, can be found on our [digital hub](#).



## Where we're based

Our main hub is Beeston Hill Health Centre, or you can find us at Armley Moor Health Centre, Chapeltown Health Centre, Seacroft Clinic and Gateway West. Our Long Acting Reversible Contraception (LARC) Service is also available at Windsor House Surgery, Burley Park Medical Centre and Harehills Community Health Centre.



## Contact us

More information can be found on our digital hub -

[www.leedssexualhealth.com](http://www.leedssexualhealth.com)

Telephone number: **0113 843 4495**

Follow us on social media:



@SexHealthLeeds



@LeedsSexHealth



## Help us get it right

If you have a complaint, concern, comment or compliment please let us know by speaking to a member of staff or by using the feedback option on our digital hub. We learn from your feedback and use the information to improve and develop our services.

**We can make this information available in Braille, large print, audio or other languages on request.**

**Leeds Sexual Health is a partnership between these organisations:**

Leeds City Council, Leeds Community Healthcare NHS Trust (LCH), Leeds Teaching Hospitals NHS Trust (LHT), Leeds GP Confederation (LGPC) and Volition - Forum Central (the collective voice for the health and care third sector in Leeds)

Leeds**sexualhealth** 

# Welcome to Leeds Sexual Health Service

If you're looking for professional, friendly advice about your sexual and reproductive health, get in touch. We have lots of different services across the city which are free and open to everyone.

It's also confidential.

## Services we provide



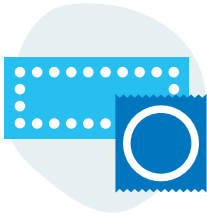
### Sexually Transmitted Infections (STIs)

We offer STI screening and treatment. You can also find lots of useful information about the most common STIs on our [digital hub](#).



### Pregnancy testing

We offer pregnancy testing across Leeds. We also work with some pharmacies across Leeds who can offer this. Find the nearest pharmacy who can do this on our [digital hub](#).



### Contraception

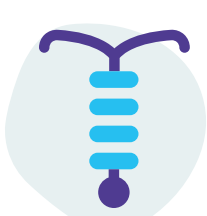
We offer advice, information, fitting and prescriptions for lots of different types of contraception including long and short acting options.



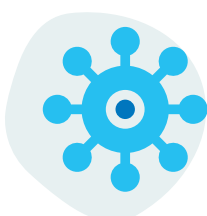
### Emergency contraception

If you need emergency contraception, you can call us.

It's best to act quickly after having unprotected sex (within the first 24 hours). However, there are forms of emergency contraception that can be used for up to five days after.



You can also access emergency contraception from your GP or free of charge from some pharmacies on behalf of Leeds Sexual Health. You can find a list of these pharmacies on the service finder on our [digital hub](#) – please do not wait.



### HIV testing, PEP and PrEP (HIV prevention and treatment)

We offer HIV testing, prevention and treatment medication. These are called PEP (Post Exposure Prophylaxis) and PrEP (Pre-Exposure Prophylaxis).



**PrEP:** If you already receive PrEP from us, you can ask us for a follow-up prescription online if this is better for you. You can request a face to face appointment if this is something you prefer.

**PEP:** If you think you have been exposed to HIV you may need medicine to reduce your risk of becoming HIV+. This must be started within 72 hours of exposure to be effective. Please call us and tell our care navigators that you think you need PEP. They will ensure you get a call/ appointment as soon as possible.

If it is the evening or weekend or you can't go to your nearest Sexual Health Clinic, please go to your nearest Accident and Emergency (A&E) Department.

More information is available on our [digital hub](#).

## Digital hub

In addition to the services mentioned in this leaflet, there are lots of other services available on our digital hub. To visit, scan the code opposite or go to: [www.leedssexualhealth.com](http://www.leedssexualhealth.com)



On the hub you can:

- Find accurate and trusted information about sexual health services available in Leeds.
- Chat to a healthcare professional online.
- Access electronic prescriptions for chlamydia treatment.
- Order a postal STI testing kit.



## Opening hours

Our telephone line is open Monday - Friday, 8:30am-4:30pm.

You can also book appointments across the city until 8:00pm and we have a limited number of appointments available on weekends. Clinic times vary so please call us for more information, to book an appointment or check out our [digital hub](#).

